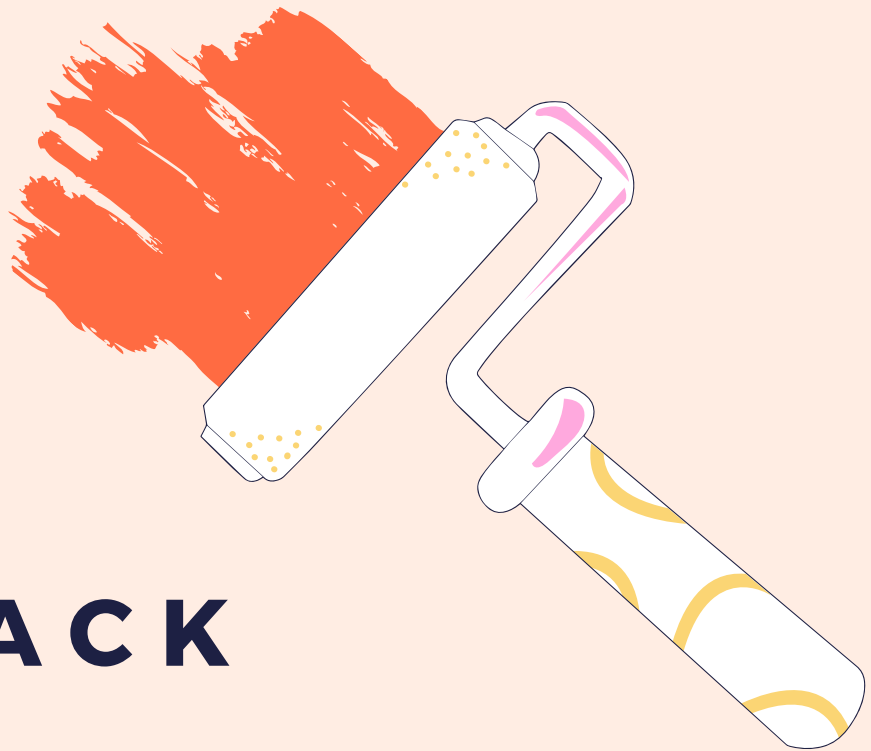




YOUARTME



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YOUTH EXCHANGE

VIAJE A LA SOSTENIBILIDAD

From 12th to 21st July 2022. Utebo, Zaragoza, Spain.




ABOUT THE PROJECT

The project is based on a youth exchange where we learn to work, collaborate, meet and live with different cultures through art.

This project will be carried out in Utebo, municipality of Zaragoza, where together we will design and paint different large panels for the commuter passage.

In addition, the group of leaders will also carry out the painting of the wall of the Orús Museum.

On the other hand, we will work and meet the local people, with whom we will carry out activities and celebrate our stay.



OBJECTIVES

The main objectives of the exchange are:

- Promote diversity and tolerance, fostering intercultural dialogue.
- Empower and guarantee the autonomy of young people.
- Promote European values, respect for human rights and solidarity to build inclusive societies.
- Strengthen the role of young people as active actors in society.
- Use art as a transformative tool to change current narratives and promote inclusion.
- Strengthen the language skills of the participants.

THE IMPACT

Expected impacts on participants:

- Increased understanding by participants of the importance of intercultural dialogue and EU values.
- Participants will have the opportunity to play an active role in their communities.
- Improvement of self-esteem and the feeling of belonging and inclusion in society.
- Reduction of stereotypes and prejudices in terms of culture.
- Greater motivation to carry out more social inclusion initiatives within their own community.
- Increase intercultural and professional skills, linked to art, artistic knowledge about painting and mural design.
- Increased civic engagement and citizen participation at local and European level.

ABOUT VIAJE A LA SOSTENIBILIDAD

Viaje a la Sostenibilidad is an independent, environmentalist social non-profit organization based in Zaragoza (Spain). We focus on sustainability, social entrepreneurship and we are committed to work towards a more inclusive, equitable society through non-formal educational activities with young people.

Viaje a la Sostenibilidad is actively involved in several projects at local and international level in order to:



THE TEAM OF TRAINERS

With a background in information technology, he has developed various projects at international level. Since 2012 he has been trained as a facilitator with experience in the field of youth exchanges and training courses and education in the framework of Erasmus +. Jorge is a technology and ecology enthusiast, this mix leads him to develop innovative projects oriented towards sustainability and inclusion. He has also developed projects in the field of healthcare in Middle Eastern countries. He currently holds the position of president of Viaje a la Sostenibilidad and leads its strategic plan.

Jorge Vidal



Anna Rossi



Anna is an active person, a nature lover, who likes to get out of her comfort zone, face new challenges and experiment. Interested in sociology, gender studies and LGBT+ rights activism, she participated in several international meetings with the aim of making the collective visible in all its nuances. Thanks to her international experience, she works on critical thinking with small groups, focusing on the deconstruction of complex concepts often based on prejudices.

Isabel is an art lover in all its aspects. She studied fine arts and is currently completing a master's degree in Cultural Heritage management. She works as a volunteer in Viaje a la Sustainability, leading the social networks of different projects. As an art enthusiast he has carried out different art projects, among which is a mural painting.


Isabel Serrano



PARTICIPATING ORGANIZATIONS

-  **Viaje a la Sostenibilidad** Viaje A La Sostenibilidad, Zaragoza, Spain

-  **EpeKa** Epeka, Maribor, Slovenia

-  **JUMP IN** Jump In, Poggiardo, LECCE, Italy

-  **EPIRUS** Epirus, Ioannina, Greece

-  **Shelter international e.V.** Shelter international e.V., Germany

THE PROFILE OF THE PARTICIPANTS

Leaders

We are looking for one leader (18+) per country. They must send a brief portfolio of their works and a preliminary sketch of the mural that will be made in the Orús Museum. On the other hand, a leader must have a series of characteristics that are:

- Have knowledge about art and mural painting.
- Have artistic qualities and be able to demonstrate them.
- Have teamwork and leadership skills.
- Be an active person and willing to work.

Participants

The profile of the participants are young people (18 - 30) interested in art, wanting to learn and participate in this youth exchange where they will meet and share experiences with people from other European countries, through painting arts.

It's important to be able to work in a team, to share ideas and be interested in improving knowledge about the topic. They would like to participate, get involved and collaborate with local people in different activities.



TRAVEL

Arrival day

12th July 2022

Departure day

21st July 2022

The activities will take place from 13th July to 20th July 2022

TRAVEL COST LIMITS

● SLOVENIA	275
● GERMANY	275
● GREECE	360
● ITALY	275
● SPAIN	20

You must keep all the tickets, invoices and boarding passes of any transport you used to attend the project.

Otherwise we won't be able to refund any part of your travel costs. You must know that you have to travel not more than 48 hours before and after the project dates to get any refund of your travel expenses!

REMEMBER: TICKETS WITH LONGER EXTRA STAYS WILL NOT BE REIMBURSED.

ARRIVAL TO ZARAGOZA

Arriving to Madrid: you can reach Zaragoza by bus, train and plane.

By bus: from Madrid Airport you can go to Zaragoza. There is a direct bus but you can also take a bus from Madrid Avenida América. There are many buses and you can check the timetable and buy tickets at Alsa.es.

By train: you can take a train to Zaragoza from Madrid-P. de Atocha train station. These are high-speed trains which are much more expensive. If you choose to take a train we will only reimburse the amount up to the price of the bus ticket. Check the timetable and buy tickets at renfe.com and ouigo.com

Arriving to Barcelona: you can reach Zaragoza by bus or train.

By bus: You can take a bus to Zaragoza from Nord Bus Station (station Arc Triomf if you come by metro or train from the airport). There are many buses and you can check the timetable and buy tickets at Alsa.es.

By train: You can take a train to Zaragoza from Sants train station. These are high-speeds trains which are much more expensive. If you choose to take a train we will only reimburse the amount up to the price of the bus ticket. Check the timetable and buy tickets at renfe.com and ouigo.com

Flying to Zaragoza: Zaragoza has an airport connected with a few European cities.

ARRIVAL TO UTEBO

You can arrival to Utebo using the train (Cercanías) **line C1**, from Delicias Station or Goya Station, Zaragoza, which leaves every half hour.

UTEBO

The city of Utebo is located in the province of Zaragoza, 12 km from its capital. Utebo is the third city in the province, after Zaragoza and Calatayud, and the fifth in Aragon. It has a population of 18,430 inhabitants that is distributed in three nuclei: Casco Viejo, El Monte and the Malpica neighborhood.

There is the possibility of taking a tour of Utebo discovering the different elements of the local artistic heritage. Among them stands out its Mudejar tower and next to it the Mariano Mesonada Cultural Center - Orús Museum, without forgetting the sculptural and architectural heritage found in the town.

It also stands out for its youthful atmosphere, with different activities and workshops that are held for the town.





**We are looking for
artists and people who
want to get involved in**

ART

**IF YOU have any
questions or doubts,
CONTACT US!**

contacto@viajealasostenibilidad.com

Jorge: 615 06 45 33



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